

Uses tools to complete activities, showing hand-eye coordination (scissors, fork, toothbrush, pencil, etc.)

Activity: Use water and brushes to make “paintings” on the sidewalk outside. You’ll have fun splashing in the puddles you make, too.

Why: Drawing and holding a paintbrush helps build up the muscles needed for activities later in life, such as writing, eating with utensils, brushing your teeth, and more!



Activity: Hide a toy under a blanket while your child watches... can she find it?

Why: Searching under the blanket requires moving the blanket, grabbing the toy, and using both hands. This is good practice for coordination!

Activity: Give your baby a damp sponge. Let her wipe the table, chairs, floor, walls, and doors – whatever she can reach. She may enjoy doing this while you are getting dinner ready or washing dishes. Baby won’t really clean anything but will feel proud of doing things “just like mommy.” Tell baby, “Thank you for helping Mommy (or Daddy).”



Why: Holding a sponge and using it to ‘clean’ helps improve coordination. Gripping onto something that is damp takes practice.