

Speaks or expresses thoughts, feelings, and ideas clearly

Activity: Let your baby her own speed when meeting new people. It may take a while for her to want to play with someone or let them hold her. Let her decide when it's time start interacting.

Why: New places and people are good experiences for your baby, but these can be frightening. When you pay attention to your baby's needs, they will feel comfortable exploring and expressing ideas and feelings to you.



Activity: Babies express their wants with a lot of gestures and sounds. As she starts pointing at items, name the object as you hand it to her, "oh, you want your teddy bear? Here is your soft and cuddly teddy bear."

Why: To speak about something, you need to know the words to do so. Baby wants to tell you things, so by paying attention to what interests them and providing words to describe it, you begin to connect ideas with words. Soon baby will realize that they can use words to communicate.